

Public Health Nurse Alert

With a recent increase in Influenza (Flu) cases in our community, please visit the following links for guidance for children and adults.

[Flu guide for parents Brochure \(cdc.gov\)](#)

[stay-home-from-work-poster.pdf \(cdc.gov\)](#)

The best prevention is a flu vaccine, local clinic information can be found here:

[Vaccine Information – FRCOG](#)

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