

Request for Proposal Licensed Alcohol and Drug Counselor

Public Health Education and Substance Abuse Supports

1st Year Implementation By the Numbers

- September 1st, Start Date
 - Direct Counseling 2 days a week - 16 hours per week
 - Student Referral/Family Support
- Expected Expenditure in FY 22' is 42.5K
 - Contract created through collaborative process with Gill-Montague School District and the Center for Human Development (CHD)
- Schools have been able to address a number of needs including
 - Direct support of students (10 students at FCTS ~ 20 total students)
 - Connecting students and families to more referral services when necessary (12 students at FCTS and increasing).
 - Professional connections informing Counselors and Administrators of trends in treatment for an at-risk group.



Description of Services and Population Served

FCTS is a school district serving students grades 9-12

Currently the student population is 583.

Montague Students accounts for approximately 20% of our student population.

Additionally, FCTS's Co-op program includes students placed at a number of Montague area businesses.

Currently the program supports 10 students with direct counseling.

The program has been a significant support in terms of assisting families with navigating mental health services and providing referrals to levels of care.

Areas of Growth and Collaboration

- Integrating LADC into advisories and classes where guidance counselors and health teachers are working with students on drug and alcohol awareness, social/emotional supports and mental health resources.
- Incorporating Brief Treatment interventions (2 to 3 times) using a curriculum known as A-CRA Adolescent Community Reinforcement Approach. The current CHD counselor(s) are trained in this model as part of a progressive response model.
- Utilization of After School Component for students including collaboration with Gill —Montague School District.
- Increased use of screening tools to assist in determining level of care/need.
- Increase and strengthen relationships with mental health worker and school age population.



Goals for FY 23' as informed by FY 22'

- Increase Direct Counseling Capacity.
- Decrease office referrals for drug and alcohol use.
- Increase care coordination including support of families.
- Create and Implement a group Health Education Component.
- Create increased opportunities for access to services for students and families.
 - After school programming and groups
- Collaborate with the Gill Montague School District
 - Continuity of Care with shared students, transitioning students and families
 - Transportation for After-School programming at both sites

Requests for Funds Breakdown FY 23'

- Dual Request for Funds – 2.0 FTE's LADC
 - FCTS Request – 1.0 FTE LADC (increased from 0.4 FTE)
 - 86,400 for counselor funded position through Center for Human Development (CHD)
 - 500 dollars for educational consumables (i.e. printable workbooks)

